Implementing a Zero Trust Security Framework

Introduction

With the proliferation of distributed IT environments and the Internet of Things (IoT), organisations can no longer simply secure their digital perimeters — a clearly delineated perimeter often no longer exists. While IT environments had already grown increasingly complex, the recent and rapid expansion of endpoints and networks enabling new work models has resulted in a complex ecosystem that’s difficult to secure.

Outdated approaches to security assumed that anything within the corporate network could be trusted. This is simply no longer true, due to factors including:

- The need for remote access
- Multi- and hybrid cloud approaches
- Bring Your Own Device (BYOD)
- Increased collaboration
- IoT
- The need for business resilience

Increased complexity in organisations’ IT infrastructure has created an increased attack surface with gaps in visibility and multiple disparate point solutions that make managing security an unwieldy task. As a result of this expanded edge, security protocols are seeing a necessary shift from location to identity as the trust broker.

Network access control comprising identity-based permissions and IT access is a critical component to a reliable approach to security. The Zero Trust framework, built on the principles of least privilege and — as its name suggests — zero implicit trust, is an approach organisations can take to methodically and comprehensively integrate identity-based access policies across the entire business or operations based on their unique requirements.

Insight Cloud + Data Centre Transformation (CDCT) is helping organisations of all sizes strengthen their security postures and protect their users, data, and endpoints leveraging Zero Trust methodology and our partnerships with leading providers of security technologies. This whitepaper is intended to help organisations interested in adopting a Zero Trust methodology understand the necessity and benefits of such an approach and the strategic and technical support available from Insight to assist in identifying and implementing appropriate solutions.
The basic tenets of Zero Trust

The Zero Trust methodology lays the groundwork for a highly defensible IT environment, considering all endpoints to be untrusted until proven otherwise — requiring identity verification, among other factors, to elevate trust and provide access to networks and resources accordingly. These key modes of operation are necessitated by the basic principles that trust is not binary or permanent, and that operations must be performed in a zero-trusting way to maintain the highest level of security.

A Zero Trust approach:

- Establishes trust in every access request, regardless of where it comes from
- Secures access across all applications and networks
- Extends trust to support a modern enterprise across the distributed network

In addition to better access security, a Zero Trust approach also supports modern enterprise models with BYOD, cloud apps, hybrid cloud/on-premises environments and more.

To simplify the Zero Trust conversation, the implementation of appropriate security solutions is broken down into three main areas of application: the workforce, workloads and the workplace.

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<thead>
<tr>
<th>Workforce</th>
<th>Workloads</th>
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<tbody>
<tr>
<td>Users and devices accessing enterprise applications</td>
<td>Applications, services, microservices, etc., accessing databases, servers, etc.</td>
<td>IoT devices, endpoints and control systems accessing the network</td>
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Workforce

The first area to address in the Zero Trust framework is the workforce. The workforce is made up of enterprise users and the devices from which they access enterprise applications, whether in the cloud or in physical data centres. Zero Trust principles applied to the workforce ensure that only verified users and secured devices can access enterprise applications.

There are three key components to minimising your attack surface by verifying trust: improving device visibility, assessing device security posture, and enabling continuous risk assessment. With these capabilities enabled, organisations can protect their data while delivering seamless access to critical applications and networks across their workforce.

The right secure access solutions will allow your organisation to:

- Verify user identities with Multi-Factor Authentication (MFA)
- Gain device visibility and establish trust
- Enforce access policies with adaptive access controls

Workloads

The next facet of the enterprise environment addressed in a Zero Trust discussion is its workloads. Zero Trust security for workloads means verifying trust for your applications, services and microservices communicating with databases, containers and servers across your enterprise environment — whether on-premises, in the cloud, or across hybrid infrastructures.

Effective technologies for securing your workloads should reduce risk with minimal burden to your IT resources with features that allow you to:

- Gain visibility across your environment
- Identify individual workloads
- Program and enforce policies
- Contain breaches
- Maintain compliance
- Continuously monitor activity
- Automatically respond to compromises

Workplace

Finally, Zero Trust protocols should also encompass the workplace, focusing on secure access for any and all endpoints and IoT devices connecting to the enterprise network, from guest laptops to badge scanners and point-of-sale devices. Specific access protocols must be in place, as many of the devices within the workplace will require access to the same applications and workloads as your users, but will not require — and should not have — full network access.

Implementing appropriate network security solutions enables users to securely connect to enterprise networks while restricting access from non-compliant devices. The secure network access solutions you choose should enable you to:

- Grant the appropriate level of network access to users and devices with network authentication and authorisation
- Classify and segment users, devices and applications
- Contain infected endpoints
- Revoke network access as needed
Implementing Zero Trust with Insight

Operations

One of the key issues with a traditional approach to security is complexity. Zero Trust can provide IT and security teams with control and visibility over users, devices, access level and ongoing activity. When understood and implemented correctly, Zero Trust reduces both complexity and resource fatigue — two main factors in risk to operations.

Finance

Adopting a Zero Trust approach may seem daunting due to perceptions around the cost to re-architect and design. However, organisations can see long-term benefits through the reduction of point solutions, centralised security policy management, and the use of behavioural analytics to assist in the constant evaluation of user and device risk to the business. Zero Trust provides a focused security solution environment and reduced resource activity to manage the constant barrage of alerts and potential incidents that security professionals deal with daily.

Technology

One of the most important aspects of a well-architected Zero Trust framework is simple, centralised policy management. The more complex an environment is, the more likely it is to have gaps that introduce risk. Ideally, technologies supporting Zero Trust should deliver integrations that streamline the IT environment, support Machine Learning (ML) and user behaviour analytics, offer continuous activity monitoring, and allow for automated remediation measures.
Summary

As an organisation with deep industry partnerships with world-class OEMs and solution providers, Insight is pleased to help clients evaluate and implement best-fit security solutions based on their unique organisational needs to create a Zero Trust environment with innovative, comprehensive, and user-friendly technologies.

A Zero Trust approach enabled and supported by Insight’s professional resources allows organisations to:

• Prevent data breaches before they happen by enabling policy-based controls for every access attempt to enterprise applications, workloads, and networks.
• Gain visibility into who and what is accessing applications, workloads, and the network to identify risks and indicators of a breach of trust.
• Reduce the overall attack surface, contain breaches, and stop lateral movement by enforcing granular controls and segmenting networks and workloads.

Many organisations are beginning to see the necessity of a Zero Trust approach yet struggle with where and how to begin implementation. Insight’s goal is to support our clients, joining them at any stage of their security strategy evolution and working with them to identify best-fit solutions and next steps in accordance with a Zero Trust framework and organisational needs. Insight empowers that effort through vendor partnerships and professional services delivery, providing organisations with all the components of a comprehensive, effective security approach to create optimal client outcomes.

For more information on how to implement a Zero Trust methodology as part of your organisation’s security strategy, visit Insight Security Services.

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We help our clients modernise and secure critical platforms to transform IT. We believe data is a key driver, hybrid models are accelerators, and secure networks are well integrated. Our end-to-end services empower companies to effectively leverage technology solutions to overcome challenges, support growth and innovation, reduce risk, and transform the business.

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